

## ABSTRACT

The invention relates to a footwear article (1), for practicing a sport, in particular, motorcycling, comprising a rigid body (2), for housing the foot of a user, running in an extension direction (8), a rigid upper (4), for housing the leg of a user and running essentially in an elevation direction (10), a joint (6), permitting the rotation of the upper with relation to the body in a transverse direction (12), stop means for limiting the rotation of the upper (4) with relation to the body (2) in the transverse direction (12) within a range of rotation limits over 50 to 70 degrees, damping means (14), generating a torque which opposes the approach of the first and second stop elements, said damping means having an inactive state when the upper and the body move relative to each other within a normal rotation range of 30 to 50 degrees.